

How to stay eligible for NJ FamilyCare (Medicaid)

Frequently asked questions | New Jersey | July 2026



Q: I got a letter from NJ FamilyCare (Medicaid). What does it mean?

It means NJ FamilyCare (Medicaid) is letting you know your coverage may change on October 1, 2026 because of a new federal law called HR1. Read the letter carefully. It will tell you what you need to do — usually, send documents to prove your immigration status.

Q: Do I have to do anything, or will my coverage stay automatically?

You may need to act. If the letter asks you to send documents, you must send them by the deadline. If you do nothing, your coverage could end on October 1. Even if you think you are still eligible, respond to the notice.

Q: I have a green card. Am I safe?

It depends on how long you have had your green card. If you have had your green card for 5 or more years — you are likely still eligible. If you have had it for less than 5 years — it is uncertain. Do not assume you are safe. Contact a legal aid organization to verify your specific situation.

Q: I am a refugee. Do I lose my NJ FamilyCare (Medicaid)?

It depends on whether you have gotten your green card (adjusted to LPR status). If you have a green card — you keep NJ FamilyCare (Medicaid). If you do not yet have a green card — you will lose NJ FamilyCare (Medicaid) coverage on October 1, 2026. Contact legal aid to understand your options.

Q: What if I send my documents and the state cannot verify me right away?

You are protected for up to 90 days while the state continues checking. This means responding to the notice — even if you are unsure — gives you continued coverage and more time. Always send your documents.

Q: My children were born here. Do they lose NJ FamilyCare (Medicaid) too?

No. Children's eligibility is completely separate from their parents'. All children up to age 19 (regardless of whether they are US born or not) are able to keep their NJ FamilyCare (Medicaid) coverage.

Q: Where can I get free help?

- Legal Services of NJ: 1-888-LSNJ-LAW (free legal aid)
- HMS hotline: 1-833-635-7060 (TTY: 711)
- My Resource Pal: Find help with completing your Medicaid paperwork or other local navigators by zip code through myresourcepal.org

Q: I don't think I qualify for NJ FamilyCare (Medicaid) under the new rules, what should I do?

Find free or low cost options through My Resource Pal

Source: NJ DMAHS

Overall eligibility changes: nj.gov/humanservices/dmahs/obbba/medicaid-federal-changes.shtml

Non-citizen specific eligibility changes: nj.gov/humanservices/dmahs/obbba/noncitizen.shtml

Free legal help: 1-888-LSNJ-LAW